

# NEW GUIDELINES

## What should I do?

If you have symptoms, regardless of vaccination status – get tested and isolate from others while you wait for a result. If you are not able to be tested, follow the guidance below as if you are positive.

### ***If you are exposed to someone with COVID-19 and are***

- Not vaccinated – stay away from others for 5 days, get tested on day 5 after exposure, and if you test negative, return to normal activities while wearing a mask for 5 additional days.

- Vaccinated and eligible for a booster, but have not yet been boosted – stay away from others for 5 days, get tested on day 5 after exposure, and if you test negative, return to normal activities while wearing a mask for 5 additional days.

- Vaccinated, and have either received your booster or are not yet eligible for a booster – you do not need to stay away from others, but you should wear a mask for 10 days.

### ***If you test positive, regardless of vaccination status, and***

- Do not have symptoms – isolate yourself from others for 5 days, then wear a mask for 5 additional days when you return to normal activities.

- Have symptoms – isolate yourself from others until you are fever-free and your symptoms are improving. You should isolate for at least 5 days since your symptoms began. Once you stop isolating, you should wear a mask for 5 additional days.